

# HealthCMi Webinar Login Instructions

**Move Qi, Release Anxiety, Benefit Sleep 11-19-23**

**November 19, 2023**

**10:00 am – 2:00 pm, Pacific Time**

Location: Internet Online Live Webinar

Click the following URL web address to enter the webinar, access starts approximately one hour prior to the event:

[https://us02web.zoom.us/webinar/register/WN\\_egnuXOcARC66KdE0\\_gmCBQ](https://us02web.zoom.us/webinar/register/WN_egnuXOcARC66KdE0_gmCBQ)

**Please login at least 20 minutes prior to the event.** Certificates of completion will be sent via email following the event.

*First time Zoom webinar user?*

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Zoom Webinar, Meeting ID: 891 4478 4204