

The Healthcare Medicine Institute (HealthCMI.com) presents

TCM Dietetics Plus OBS and GYN Recipes

Prof. Jeffrey Pang, L.Ac.
Adam White, L.Ac.

[Click here for help if only this page of the course is viewable.](#)

[**View Course Video**](#)



www.healthcmi.com

You have successfully downloaded the course material. Please remember to **SAVE** this document (if your browser has not done this already). The SAVE option is usually located in the FILE menu of your web browser or move the cursor to the bottom of your browser screen for a save option. To save on an iPhone, tap on the screen then tap on "Open in iBooks."

Quizzes, Certificates of Completion, Downloads

To take quizzes, get certificates, and download courses at www.healthcmi.com :

- i Login (if not already logged in) and enter your username and password
- i **After Login, a menu appears on the right** called "Courses, Tests, Certificates"
- i Click on "Acupuncture Courses"
- i Follow the links. Courses can be downloaded to multiple locations, quizzes can be taken (and re-taken if needed) and certificates of completion can be saved and printed.

Note: First, select Quiz button. Next, it changes to the Take Test button. This changes to a get Certificate button once you have passed the test.

Disclaimer- The authors and contributors cannot be held responsible for the use or misuse of the information in this work. The authors and contributors are not responsible for nor can be held responsible for errors or omissions of fact or consequences from the use or misuse of the contents of this work. Additionally, governmental laws and regulations vary from region to region and the contents of this work vary in permissible usage. The reader is advised to check their local, state, and federal laws and regulations regarding the use of the information of this work including theory, herbal medicine, foods and acupuncture. Note that blood invigorating herbs and/or foods in this work may be contraindicated during pregnancy, bleeding disorders and where the possibility of an embolism is present. The herbal formulas and food treatments are only to be used in the context of Chinese Medicine (including the use of a differential diagnosis) by a trained and licensed practitioner. None of the herbal medicines and foods for internal use or external topical use are prescriptions but are formulas and food treatments that are traditionally used in Chinese Medicine (CM). The authors and contributors cannot be held responsible for results obtained from the information contained in this work. Note, the availability of herbs and foods may fluctuate depending on FDA and USDA restrictions on the sale of herbs and foods and the reader is advised to abide by all FDA and USDA restrictions.

TCM Dietetics Plus OBS and GYN Recipes

Summary

This distance learning course covers Chinese medicine food theory and treatments. Prof. Jeffrey Pang, L.Ac. and Adam White, L.Ac. present Chinese medicine dietetics treatments for obstetric and gynecological concerns.

Program objective highlights:

- Learn Chinese Medicine food treatment theory
- Learn the functions and properties of individual foods and recipes
- Learn recipes for the treatment of obstetric and gynecological disorders

To view the course video presentation, click the following link:

<http://www.healthcmi.com/Acupuncture/dietobsgyncourse>

The link listed above shows this course in two separate videos. Both videos are on the same webpage.